

Celebrating Twenty-Five Years | 1985 - 2010



Chippewa Manor

RESIDENTIAL LIVING

294th Edition | Managing Editor Rose Frederick

JULY 2010

CONTENTS:

- Page 1** Reminders
Page 2 Pastoral Care Report
Page 3 Living Services
Pgs. 4-7 Look What's Happening
Page 8 July Calendar
Page 9 July Menu
Page 10 Tenant Listing

REMINDER:

During periods of hot weather, please feel free to relax in the comfort of our Community Room or Library which are both air conditioned. This reminder is directed to tenants who have chosen not to have air conditioning units.

PHONE NUMBERS

Business Office (Rose & Barb)	726-2123
Beauty/Barber Shop	579-4483

AFTER HOURS EMERGENCY NUMBERS

Rose Frederick	723-7447
Barb Connell	834-9068
Karen Robinson	288-6749
ChippewaManorNursing&Rehab	723-4437

HEAT-RELATED HEALTH & SAFETY TIPS

In Wisconsin, it is not unusual to have several periods of hot weather combined with high humidity.

To reduce the risk of heat-related illness the following actions are recommended during periods of hot weather:

- Avoid strenuous activity
- Drink plenty of fluids (avoid alcohol, & caffeine)
- Go to an air-conditioned environment during the hottest part of the day
- Use fans to increase ventilation & blow hot air to the outside
- Cool showers, baths, sponge baths can reduce body temperature

If you do not have air conditioning or know a neighbor in the building who does not have air conditioning, both our library and community room are air-conditioned areas where you can find comfortable temperatures providing relief from the heat.

BINGO, 2:00 P.M., Thursday, July 1st, Community Room

Wii GOLFING, 3:00 P.M., Thursday, July 1st, Community Room

FRIDAY NITE MOVIE, 7:00 P.M., Friday, July 2nd, Community Room, Bring Your Own Treats

SEWING GROUP, 2:00 P.M., Saturday, July 3rd, Library

“500” CARDS, 4:30 P.M., Sunday, July 4th, Community Room

EXERCISE CLASS, 9:30 A.M., Monday, July 5th, Community Room

FIRE ALARM TEST, 10:00 A.M., Monday, July 5th

Our monthly fire alarm test will be Monday, July 5th at 10:00 a.m. Please participate in the fire alarm test by opening your apartment door and looking to the left and the right down the hallway for evidence of smoke or fire.

CATHOLIC WOMEN’S BINGO, 2:00 P.M., Monday, July 5th, CMNR

BINGO, 7:00 P.M., Monday, July 5th Community Room

Wii BOWLING, 10:00 A.M., Tuesday, July 6th, Community Room

MUSIC BY DORIE & DENNY MARION, 2:00 P.M., Tuesday, July 6th, CMNR

REFRESHMENTS, 3:00 P.M., Tuesday, July 6th, CMNR

EXERCISE CLASS, 9:30 A.M., Wednesday, July 7th, Community Room

BUS TO CHIPPEWA FALLS, 10:00 A.M., Wednesday, July 7th

BLOOD PRESSURE CLINIC, 10:00 A.M., Wednesday, July 7th, Community Room

Complimentary blood pressure clinics are held at 10:00 a.m. on the first and third Wednesday of each month in the CMRL Community Room.

These convenient clinics allow those tenants with blood pressure concerns to maintain a record of their readings. This permanent record is available for sharing with physicians or family. Our next blood pressure clinic will be Wednesday, July 21st.

NORTHERN WISCONSIN STATE FAIR, 12:30 P.M., Wednesday, July 7th

On Wednesday, July 7th, we will attend the Northern Wisconsin State Fair here in Chippewa. We will leave at 12:30 p.m. and will return around 3:30 p.m. Although Wednesday is Senior Day, the cost of admission to the fair is \$5.00. If you are interested in going, please sign up on the bulletin board.

Wii BOWLING, 7:00 P.M., Wednesday July 7th, Community Room

FRENCH TOAST BREAKFAST, 7:00 A.M. – 8:00 A.M., Thursday, July 9th, CMNR

You are welcome to a French Toast Breakfast on Thursday, July 8th in the CMNR dining room. Cost is a deal at \$2.00, which includes a bottomless cup of coffee!! Please sign up by Monday, July 5th.

REFLEXOLOGY APPOINTMENTS, 10:00 A.M., Thursday, July 8th, Library

Want to learn more about reflexology and the sense of well-being and relaxation it promotes? Just stop in our Library on Thursday, July 8th to speak with a practitioner.

Wii BOWLING, 10:00 A.M., Thursday, July 8th, Community Room

BINGO, 2:00 P.M., Thursday, July 8th, Community Room

Wii GOLFING, 3:00 P.M., Thursday, July 8th, Community Room

ROOT BEER FLOATS, 2:00 P.M., Friday, July 9th, CMNR PATIO

The family of Leonard Christianson invites you to join us in celebrating his birthday with root beer floats on the patio at CMNR. Inclement weather would take us inside the dining room of CMNR. This will be Friday, July 9th from 2:00 p.m. – 2:45 p.m.

FRIDAY NITE MOVIE, 7:00 P.M., Friday, July 9th, Community Room, Bring Your Own Treats

SEWING GROUP, 2:00 P.M., Saturday, July 10th, Library

COMMUNITY ROOM RESERVED, 10:00 A.M. – 4:00 P.M., Sunday, July 11th, Private Party

“500” CARDS, 4:30 P.M., Sunday, July 11th, Community Room

EXERCISE CLASS, 9:30 A.M., Monday, July 12th, Community Room

DONUT DAY, 3:00 P.M., Monday, July 12th, CMRL Dining Room

Stop by our dining room and enjoy some fresh-brewed coffee and purchase something sweet to go with it. Cake donuts are \$.40, pastry items are \$.70 and cookies are \$.30. Enjoy some good conversation with friends and neighbors.

BINGO, 7:00 P.M., Monday, July 12th, Community Room

FOOT CLINIC, 9:30 A.M., Tuesday, July 13th, Community Room

Our local county's Dept. of Public Health provides a Foot Clinic at CMRL twice each month on the second and fourth Tuesdays in our Community Room. Cost is \$25.00 per person that includes soaking, nail trimming, callus buffing and lotion. This clinic is open to the general public as well.

Wii BOWLING, 10:00 A.M., Tuesday, July 13th, Community Room

DIANE SCHINDLER ACCORDIAN MUSIC, 2:00 P.M., Tuesday, July 13th, CMNR

REFRESHMENTS, 3:00 P.M., Tuesday, July 13th, CMNR

EXERCISE CLASS, 9:30 A.M., Wednesday, July 14th, Community Room

BUS TO CF, 1:00 P.M., Wednesday, July 14th

COMMUNITY ROOM RESERVED, 1:00 P.M. – 2:30 P.M., Wednesday, July 14th

Wii BOWLING, 7:00 P.M., Wednesday, July 14th, Community Room

SR. CENTER MUSIC MAKERS, 10:30 A.M., Thursday, July 15th, CMNR

LUNCH OUTING TO LA GRANDER'S ROOT BEER STAND, 11:30 A.M., Thursday, July 15th

We will leave for lunch at LaGrander's on Thursday, July 15th at 11:30 a.m. You will be able to order off the menu. The Senior Center's Music Makers will sing at 10:30 a.m. at CMNR so we will leave after them. Please sign up on the bulletin board. Cost of bus is \$2.00 per person.

BINGO, 2:00 P.M., Thursday, July 15th, Community Room

Wii GOLFING, 3:00 P.M., Thursday, July 15th, Community Room

FRIDAY NITE MOVIE, 7:00 P.M., Friday, July 16th, Community Room, Bring Your Own Treats

SEWING GROUP, 2:00 P.M., Saturday, July 17th, Library

“500” CARDS, 4:30 P.M., Sunday, July 18th, Community Room

EXERCISE CLASS, 9:30 A.M., Monday, July 19th, Community Room

TENANT MEETING, 10:00 A.M., Monday, July 19th, Community Room

TOUR ARLINGTON CEMETERY (Movie), 2:00 P.M., Monday, July 19th, CMNR

BINGO, 7:00 P.M., Monday, July 19th, Community Room

Wii BOWLING, 10:00 A.M., Tuesday, July 20th, Community Room

SUMMER SIPPERS, 2:00 P.M.- 2:45 P.M., Tuesday, July 20th, CMRL Patio

Join us for complimentary summer sippers on our patio on Tuesday, July 20th, from 2:00 p.m. – 3:00 p.m. If weather is prohibitive, we will serve them in our dining room.

EXERCISE CLASS, 9:30 A.M., Wednesday, July 21st, Community Room

BLOOD PRESSURE CLINIC, 10:00 A.M., Wednesday, July 21st, Community Room

BUS TO CF, 1:00 P.M., Wednesday, July 21st

MENNONITES, 7:30 P.M., Wednesday, July 21st, Chapel of the Resurrection

Wii BOWLING, 10:00 A.M., Wednesday, July 22nd, Community Room

CMRL DINING ROOM OPENS EARLY, 11:00 A.M., Thursday, July 22nd

SUMMERTIME SENIOR BINGO, 2:00 P.M., Thursday, July 22nd, CMRL Dining Room

We had a great turnout in June for summertime senior bingo....67 total with 28 community guests. Some wonderful prizes were given out and there are more to come!

Please join us on Thursday, July 22nd at 2:00 p.m. for summertime senior bingo and you could go home a winner! Anyone 55 or older is invited! Our celebrity bingo caller will be Meghan Kulig, WEAU-TV 13 anchor.

Wii GOLFING, 3:00 P.M., Thursday, July 22nd, Community Room

TREAT TRIP TO DQ, Chippewa Falls, 3:00 P.M., Friday, July 23rd

We will be making the short drive to the Dairy Queen on Park Avenue on Friday, July 23rd. We'll leave at 3:00 p.m. and will be back by 3:45 p.m. Have a DQ treat or order something for your evening meal and take it home with you. Please sign up by Thursday, July 22nd.

FRIDAY NITE MOVIE, 7:00 P.M., Friday, July 23rd, Community Room, Bring Your Own Treats

SEWING GROUP, 2:00 P.M., Saturday, July 24th, Library

“500” CARDS, 4:30 P.M., Sunday, July 25th, Community Room

EXERCISE CLASS, 9:30 A.M., Monday, July 26th, Community Room

PIANO WITH CINDY, 2:00 P.M., Monday, July 26th, CMNR

PATIO PARTY, 4:30 P.M., Monday, July 26th, CMRL Patio

Join us on the CMRL patio for an evening of music by Frankie Steinmetz along with hot dogs, watermelon, potato chips, beer and soda!

Cost is \$3.00 per person. Please sign up by Wednesday, July 21st. (In the event of bad weather, we will use the CMRL dining room.)

BINGO, 7:00 P.M., Monday, July 26th, Community Room

FOOT CLINIC, 9:30 A.M., Tuesday, July 27th, Community Room

Wii BOWLING, 10:00 A.M., Tuesday, July 27th, Community Room

***BUS TO CHIPPEWA FALLS, 1:00 P.M.,
Tuesday, July 27th***

***EXERCISE CLASS, 9:30 A.M., Wednesday,
July 28th, Community Room***

***LUNCH FROM BRESINA'S IN IRVINE
PARK, 10:30 A.M., Wednesday, July 28th***

On Wednesday, July 28th, we will go to Irvine Park again for a Bresina chicken dinner. We will leave at 10:30 a.m. and be back about 1:00 p.m., plenty of time to come to Diane Schindler's music at 2:00 p.m. Cost will be \$5 - \$6 per person to cover the meal.

***DIANE SCHINDLER ACCORDIAN
MUSIC, 2:00 P.M., Wednesday, July 28th,
CMNR***

***REFRESHMENTS, 2:00 P.M., Wednesday,
July 28th, CMNR***

***Wii BOWLING, 7:00 P.M., Wednesday, July
28th, Community Room***

***Wii BOWLING, 10:00 A.M., Thursday, July
29th, Community Room***

***BINGO, 2:00 P.M., Thursday, July 29th,
Community Room***

***Wii GOLFING, 3:00 P.M., Thursday, July
29th, Community Room***

***MUSIC BY CHUCK & LENORE, 1:30
P.M., Friday, July 30th, CMNR***

***REFRESHMENTS, 2:45 P.M., Friday, July
30th, CMNR***

***FRIDAY NITE MOVIE, 7:00 P.M., Friday,
July 30th, Community Room, Bring Your
Own Treats***

***SEWING GROUP, 2:00 P.M., Saturday,
July 31st, Community Room***